

Camp Information Pack



**Year Of
2023-2024**

Camp Director

Carli Voll

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What are Camps?

Our camps program is designed to compliment our All Star Cheer & Tumbling Program. It covers all camps that run during the summer, March break, Winter Camps and Pd Days.

- Recreational Guppy Camp
- Recreational Shark Camp
- Tiny Tumblers
- Future Stars
- Next Level
- Elite Camp
- 5 Star
- PD Day
- Kids Night Out

We know it can be confusing, especially if you are new to the program! Above are typically the types of camps we run. Read further for more information on each type. It's also important to note camps will change based on the needs of our program and not everything is always offered.



Current Offerings

2023 - Summer Camp 2023

	Rec Guppy	Rec Shark	Tiny Tumblers	Future Stars	Next Level	Elite Camp	5 Star
KITCHENER	✓	✓	✓	✓	✓	✓	✓
ANCASTER	✓	✓	✓	✓	✓		
MILTON	✓	✓	✓	✓	✓		
OTTAWA	✓	✓	✓	✓	✓	✓	✓

The above table is a guide to the main offerings at our 4 locations over the current period.

2023 Release

- ▶ **Summer Camp Registration Opens Feb 1st at 9am.**
- ▶ Schedules are out now and will be available for viewing Wednesday, January 25th
- ▶ There will be limited number of drop in opportunities released for TUMBLE Camps when registration opens February 1st . Remaining drop in availability will open 3 weeks prior to the camp.

Recreational Guppy Camp

Our Recreational Guppy Camp is for ages 4 and 5, is the perfect combination of learning and fun for beginners. Our week-long camp combines theme days, games and arts and crafts, all while learning the core principles of cheerleading; jumping, stunting, tumbling and dance with our knowledgeable and caring coaches. The Coach to Athlete Ratio is 1:5 for this camp with a maximum of 15 per week. Get ready for a FINTastic time in the gym - it's a great week to be a Shark! For your drop-off and pick-up convenience, we provide FREE before and after care. Drop-off as early as 8:00 am, and pick-up as late as 5:00 pm. Please send campers with a nutritious lunch and two snacks plus a water bottle. No fancy gear needed, just some athlete wear and running shoes! The week-long camp includes: a t-shirt and bow craft and will conclude with pizza lunch on Friday.



Recreational Shark Camp

Our Recreational Shark Camp is for ages 6-12, is the perfect combination of learning and fun for beginners. Our week long camp combines theme days, games and arts and crafts, all while learning the core principles of cheerleading; jumping, stunting, tumbling and dance with our knowledgeable and caring coaches. Coach to Athlete Ratio for this camp is 1:8 with a maximum of 24 athletes per week.

Get ready for a FINtastic time in the gym - it's a great week to be a Shark!

For your drop-off and pick-up convenience, we provide FREE before and after care. Drop-off as early as 8:00 am, and pick-up as late as 5:00 pm.

Please send campers with a nutritious lunch and two snacks plus a water bottle.

No fancy gear needed, just some athlete wear and running shoes!

The week long camp includes: a tshirt and bow craft and will conclude with pizza lunch on Friday.



Tiny Tumblers

Tiny Tumblers is a tumble based skills camp with Shark Staff. It is open to all athletes Aged 4.5-6 that are ready to try a tumbling camp without the 3 hour intensive. The athletes will be in the gym in the morning for an hour and 15 minutes followed by a snack, craft and outdoor play break to allow for some fun before returning to the gym for the final 45 minutes of tumbling. Max 6 athletes/week. Full Day options available.



Future Stars

Future Stars Tumbling Camps are tumbling based skills camp with Shark Staff. It is open to all level 1 - 2 athletes (athletes working back and front walkovers, back handsprings, round off back handsprings), as well as athletes who are not registered with Cheer Sport Sharks executing the same skills. Future Stars is designed for athletes who have a passion for tumbling and are looking to further develop new skills, and/or master current skills. Athlete to coach ratio 1:10. Max 20 athletes, **Some weeks are a maximum of 10** Full Day options available.

Next Level

Next Level Tumbling Camps are tumbling based skills camps with 1 lead guest instructor with Shark Staff. It is open to all level 2+ athletes (learning tucks, layouts and fulls), as well as athletes who are not registered with Cheer Sport Sharks. Next Level is designed for athletes who have a passion for tumbling and are looking to further develop new skills, and/or master current skills.

Minimum requirement is confident standing handspring and roundoff handspring Coach to athlete ratio 1:10, max 20 athletes per week. Minimum Age 8. Full Day options available.



Elite Camp

Elite Camp is our intensive tumbling camp focused on level 3+ skills with 1 guest instructor and shark staff. Elite Camp is perfect for any athlete that would like to push their limits and achieve new skills. Athletes who are working on layouts, fulls and doubles will love this camp!

*Minimum requirement is a round off back handspring back tuck (without assistance).*Coach to athlete ratio 1:10 with a maximum of 20 athletes per week. Minimum age is 8.

5 Star

Do you have an athlete that would like to tumble like a champion?

Join us at Cheer Sport Sharks as we host our annual Level 5/6 ONLY tumbling clinic with 4.5 hours of explosive tumbling. This includes 2 guest instructors. New this year (with full week registrations ONLY) get your very own 5 Star Tumbling Camp T-shirt!

Each individual hour will have a different level 5 focal point including;

- Running tumbling
- Whip fulls & doubles
- Standing fulls
- Arabians

And much more.

Minimum requirement is one level 5/6 tumbling skill (without assistance). Coach to athlete ratio is 1:10 with a maximum of 20 athletes. Minimum age 10.



PD Day Camps Tumbling

Future Stars

Future Stars Camp is a tumbling based skills camp. It is open to all level 1 and 2 athletes (athletes working back and front walkovers, back handsprings, round off back handsprings and tucks), as well as athletes who are not registered with Cheer Sport Sharks executing the same skills. Future Stars is designed for athletes who have a passion for tumbling and are looking to further develop new skills, and/or master current skills.

Future Stars+Rec

Future Stars Camp is a tumbling based skills camp. It is open to all level 1 and 2 athletes (athletes working back and front walkovers, back handsprings, round off back handsprings and learning tucks), as well as athletes who are not registered with Cheer Sport Sharks executing the same skills. Future Stars is designed for athletes who have a passion for tumbling and are looking to further develop new skills, and/or master current skills.

This camp also includes a half day of recreational day camp. Campers will be with the future stars camp in the morning from 9:00 am - 12:30 pm and transition to day camp from 12:30 pm - 4:00 pm.

Before care is NOT included, however free after care is included (4:00 pm-5:00 pm).



PD Day Recreational Camps

Campers spend the day in one of our cheerleading gyms learning the fundamentals of cheerleading including stunts, jumps and tumbling. There is also tons of games, arts and crafts and other traditional day camp programming. All prices include FREE 8 a.m. drop-off and 5PM pick-up. We recommend that you send your camper with a water bottle, lunch and 2 healthy snacks for our morning and afternoon nutrition breaks. Campers should wear athletic style clothing that they feel comfortable in with running shoes.



Kids Night Out

Kids Night Out is for Ages 4 and Up!
Drop the kids off for a fun night of cheerleading, craft, pizza dinner and a movie with popcorn on our projector!

Cancellation Policy

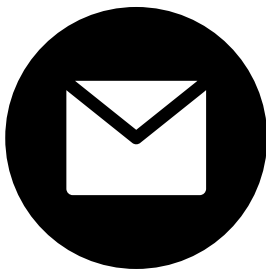


Camp Cancellation

**If canceling 15+ days before the start of camp you will receive a full refund for the camp minus \$25 admin fee.

**If canceling between 8-14 days before the start of camp you will receive a CREDIT to your account minus a \$50 admin fee.

**If canceling within 7 days of the start of camp there will be no refunds.



Website

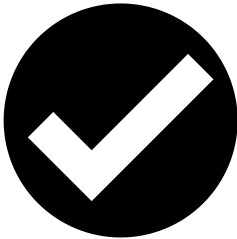
Carli Voll

Camp Director

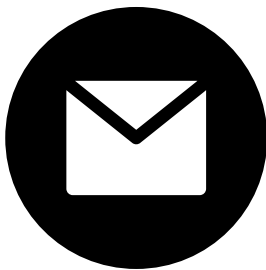
carli@cheersportsharks.com

Other Info

Booking



Booking is done via Amilia. Registration for Summer Camps opens February 1st. Communication is done via email. Camps has its own program so the classes are easy to find and listed by location on Amilia.



Contact

Carli Voll
Camp Director
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FAQ Camps

Will tumble camps have a full day option?

Tiny Tumblers, Future Stars and Next Level will all have a full day option available. The full schedule is now up on Amilia for viewing.

When does registration open?

February 1st at 9:00 AM

My athlete can only attend a few days of camp is there drop ins?

There will be small amount of drop ins released on February 1st. The remainder is released 3 weeks prior to camp.

My athlete and her friend would like to be together but she is 10 and her friend is 8 can they be put together?

They can be put together in a Next Level Camp as it is ages 8+. For future stars we can accommodate by allowing the older athlete into the ages 6-9 group.

My athlete just got their handspring can they join the Next Level camp?

Next level camp is meant for athlete with confident and consistent level 2 tumbling. If your athlete just got their handspring future stars would be the best option.

Is before care included?

Before care is included for RECREATIONAL camps only. New this year there will be a question about adding before care to your tumble camp registration.